

## GOALSetting

Goal setting can be difficult, especially when we get wrapped up in short-term and day-to-day issues. So this might take a few minutes and that's okay. But as they say, if you don't know where you're going, you'll never get there. Let's think about where you're going.

- What are 2-3 SHORT term goals you want to achieve over the next 3-6 months or so?

1	
2	
3	

- What are 2-3 MEDIUM term goals that you would like to achieve within the year?

1	
2	
3	

- What are your top LONG term goals, even if they might take years to accomplish?

1	
2	
3	

- When they have a banquet in your honor, for what achievement do you want to be recognized?

- Don't be restrained by the space on this paper... keep writing!



With some of these goals in mind, let think about what problem or problems you will be solving when you achieve your objectives. Choose a goal that feels the most important to you. What are some of the details and some of the obstacles standing in your way?

And if you like this process, apply it to your other goals too!

### **ProblemStatement**

- **What problem are you going to try to solve, and for whom?**
  
- **Why do you think this is a problem?**
  
- **Who else is affected by this problem?**
  
- **Why hasn't this problem been solved yet?**
  
- **For whom is this not a problem**
  - **They're happy with the *status quo***
  - **A solution might cause *them* a problem**
  
- **What other barriers do you face to solving this problem?**
  
- **What will it look like when this problem is solved?**